

CYBER SECURITY, BCM AND PERSONAL CHECKLIST - INDIVIDUALS
Work Remotely Checklist
2021



Ref.	Business Continuity and Cyber Security	Status
IND01	Does your employer have a Work From Home Policy (or Remote Working Policy)?	
IND02	Do you use a VPN and has it been tested?	
IND03	Do you have a reliable and suitable network at home?	
IND04	Can your network handle Windows and systems updates ?	
IND05	Do you have a backup for this network?	
IND06	Do you have a suitable LAPTOP/PC at home?	
IND07	Do you have a backup LAPTOP/PC at home?	
IND08	Do you have a Printer / Scanner at home?	
IND09	Do you have a set of headphones with a built in microphone ?	
IND10	Do you have an external monitor at home?	
IND11	Do you have a professional background (like a plain wall)?	
IND12	Do you have a UPS/Inverter at home (at least 3KVA)?	
IND13	Do you have power surge and lightning protector plugs	
IND14	Do you have an office/study that you work in?	
IND15	Do you have a cupboard with a lock and key?	
IND16	Are all your devices encrypted (especially USB drives)?	
IND17	Maintain an escalation and notification list/system/application	
IND18	Ensure all data, parcels, information is sent back securely to office/DR site	
IND19	Do you have sufficient stationery at home?	
IND20	Check-in regularly with Team/s	
IND21	Remember to MUTE the microphone when you are not speaking in a conference call	
IND22	Remember NOT to leave your machines UNLOCKED , especially during a call or when leaving your devices unattended	
IND23	Use screen filters to make shoulder-surfing harder	
IND24	Staff MUST report malware/ransomware infections immediately	
IND25	Remember that it's ok to make a mistake and own up if you have, especially if you have: - Accidentally clicked on a suspicious file and or link - Opened a suspicious PDF or Word, Excel file with a macro	
IND26	Maintain a clean desk policy at home	
IND27	Respect the privacy of your clients and your staff information at all times	
IND28	Remember NOT to email personal information via email OR store personal information in non-approved locations/devices	
IND29	Be alert for phishing emails and other attempts to compromise/steal account and personal details	
IND30	Report all malicious activity and suspect emails immediately	
IND31	Keep a printed copy of your procedures and checklists at home AND make sure they ARE not easily accessible	
IND32	Have your ID number, medical aid scheme details, next of kin, GP details recorded and available for your Next of Kin (NOK)	
IND33	Does your NOK know your ATM pin in the event they need to draw cash from an ATM or purchase something using your ATM card?	
IND34	Does your NOK have access to your mobile phone (for OTP's and passwords)?	
IND35	Does your NOK have online access to your bank account?	
IND36	Does your NOK know all your debits orders and payment details?	
IND37	Do you have any emergency fund (can your NOK access it)?	
IND38	Make sure that your will is update to date and that old copies are destroyed	
IND39	Does your NOK know where your will is located ?	
IND40	Do you have a digital will with details to your social platforms, online accounts, subscriptions and memberships and instructions to manage these in your absence	

IND41	Does your NOK have access to any company information/listings that you are a member/owner of?	
IND42	Does your NOK/beneficiaries know all about your insurance details?	
IND43	Does your NOK know what your succession plan at work is?	
IND44	Do have a Personal Protective Equipment (PPE) at home?	